# REGISTRATION DEADLINE: JULY 13 at 4 p.m.



### All Together 5K Philly Fun Run FAQ

## AFSCME 45th International Convention July 11-15, 2022 • Philadelphia, Pennsylvania

#### What is a fun run?

Fun runs are fundraising events where participants pay an entry fee and sign up sponsors who pledge to contribute money toward their run. AFSCME members and their household family members will pledge to donate a one-time amount of money or a designated amount of money for every designated mile.

#### How do I enter?

Fill out the registration form here (add link when ready) or turn in the form in person at the PEOPLE booth by 4 p.m. on Wednesday, July 13.

#### How does this work "on your own"?

Traditional runs were held as one event in which everyone ran together along a specific route. This run can be completed on your own time during the Convention. You can run or walk along our suggested routes included in your registration kit, on your own route or even on the treadmill at your hotel.

#### What do I get for participating?

Participants will each get a t-shirt and the glow of accomplishment.

#### Are there awards? What are they and who gets them?

There are two prizes. The prize for most money raised includes a medal, and an AFSCME sweatshirt and t-shirt. The prize for most individual donors is a medal and an AFSCME t-shirt.

#### Where do I pick up my registration kit? What's in it?

Registration kits can be picked up at the PEOPLE Q&A booth located on the right side of the convention center. The kit will include suggested routes, your t-shirt, this FAQ, a bottle of water and PEOPLE information.

#### How do I submit proof of my run?

Take pictures of your treadmill information, fitness watch or phone trackers and send them to funrun@afscme.org. Also send us any photos you take of interesting sites along the way! You can also bring your proof to the PEOPLE booth by 4 p.m. on Thursday, July 14.



#### What if I don't have a fitness watch or smartphone?

We will also accept photos of the route or photos of the participant taken along with the route with logs referencing the distances.

#### When do I have to submit my proof? And to whom?

You will need to submit your proof by 4 p.m. on Thursday, July 14. You can email this to funrun@afscme.org or bring it to the PEOPLE Q&A booth in the convention center. If you collect additional contributions after your initial registration, you can also bring those with the completed pledge form to the PEOPLE Q&A booth by this time.

#### How is money collected from pledges and who can make pledges?

Only AFSCME members and their household family members can make pledges or contributions. Money can be collected as cash, checks, or PayPal payments. If you have an active PayPal account linked to your bank account or a credit/debit card, you can submit your entry fee payment to our PayPal account as well under the Send & Request tab on your personal account. When completing the payment, please be sure to write AFSCME PEOPLE Fun Run in the notes. AFSCME members and their families who have made pledges for you may make also make their contributions to PEOPLE by PayPal. They should include Fun Run and your name in the notes so their contributions are credited to you. The email account associated with our PayPal is rlipscomb@afscme.org.

#### How can I participate if I have mobility issues?

The fun run can be completed in any location and at any speed on your own time. If you need assistance with any accommodations, please contact Molly Maloney at (530) 263-6383.

#### Do I have to follow the routes provided?

No, you can definitely go on your own route, take detours from ours or use a treadmill inside.

#### It's really hot and humid in July in Philadelphia, when should I get my run in?

We recommend runs in the morning before the day starts at Convention when there will be less heat and humidity but enough light to see your way around if you choose to run outside. If at any time you start to feel fatigued or overheated, please take time to rest and call a ride back to your hotel. If there is a medical emergency, please call 911.

#### What is PEOPLE? Where does the money I contribute go?

PEOPLE is AFSCME's political action fund. It stands for Public Employees Organized to Promote Legislative Equality. We raise money from members to elect pro-worker candidates who will promote our values and hold them accountable once in office. PEOPLE provides members with an opportunity to have a say in who represents them.

### Is there anything else I should tell my AFSCME friends and their families when I am asking them to make fun run pledges?

Yes! In addition to letting them know how important AFSCME PEOPLE is to electing candidates who will fight for us, federal law requires that when you ask some to contribute to AFSCME PEOPLE you let them know that: (a) contributions are voluntary and they can refuse to contribute without any reprisal; (b) if you suggest a pledge amount, you must inform them that the amount is just a suggestion and they can give more or less than that amount or nothing at all and won't be favored or disadvantaged; (c) AFSCME PEOPLE only accepts contributions from AFSCME members and their household family members and that contributions from others will be returned; and (d) contributions to AFSCME PEOPLE are not deductible for federal income tax purposes.

All of these notices are included on the AFSCME PEOPLE Fun Run pledge forms, which you can provide for your AFSCME friends and family members to read for themselves.